
All balancers are non-heating â€” fact!
Claire Dyett

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Choosing a feed for an already excitable horse can be a daunting prospect but rest assured, the idea that some balancers may cause [excitability](#) is another myth that can easily be dispelled.



Diet & Excitability

Diet may contribute to **excitability** in one of two ways; either by oversupplying energy (calories) or providing higher levels of starch and sometimes sugar. However due to the low feeding rate, all balancers (except stud balancers) contribute a negligible level of energy, starch and sugar to the diet which means no balancer, regardless of the manufacturer, will have a â€”heatingâ€” effect.



The Truth about â€”Cool Balancersâ€”

Despite some very convincing claims, many of the so-called â€”cool balancersâ€” offer little or no additional benefits for excitable horses in comparison to other balancers. In fact, some even contain lower levels of other key nutrients such as vitamin E which means they may be less effective in fulfilling their primary role of balancing the diet. Rather than looking specifically for a product that says â€”coolâ€” on the bag, start by looking for a balancer that is formulated to suit your horseâ€™s base diet and workload. Although the most suitable option may not say â€”coolâ€” on the bag, it wonâ€™t cause **excitability**.

For more advice on choosing the most suitable balancer for your excitable horse contact the [SPILLERS Care-Line](#).



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