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All balancers are non-heating – fact!



Claire Dyett

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Choosing a feed for an already excitable horse can be a daunting prospect but rest assured, the idea that some balancers may cause **excitability** is another myth that can easily be dispelled.



## Diet & Excitability

Diet may contribute to **excitability** in one of two ways; either by oversupplying energy (calories) or providing higher levels of starch and sometimes sugar. However due to the low feeding rate, all balancers (except stud balancers) contribute a negligible level of energy, starch and sugar to the diet which means no balancer, regardless of the manufacturer, will have a 'heating' effect.



## The Truth about ‘Cool Balancers’

Despite some very convincing claims, many of the so-called ‘cool balancers’ offer little or no additional benefits for excitable horses in comparison to other balancers. In fact, some even contain lower levels of other key nutrients such as vitamin E which means they may be less effective in fulfilling their primary role of balancing the diet. Rather than looking specifically for a product that says ‘cool’ on the bag, start by looking for a balancer that is formulated to suit your horse’s base diet and workload. Although the most suitable option may not say ‘cool’ on the bag, it won’t cause **excitability**.

Even though all our balancers are designed to be non-heating, with so many SPILLERS balancers available, choosing the right one for your horse can seem daunting. To simplify the process, we’ve created an interactive tool that takes the guesswork out of your decision. This easy-to-use and engaging tool will guide you to the perfect balancer based on your horse’s specific needs. Whether you need a cost-effective solution like the Daily Balancer, a metabolism-supporting option like the Lite & Lean Balancer, or a joint-friendly choice like the Supple & Senior Balancer, our tool will ensure you make the best choice for your horse or pony. Try it today and find the ideal fit for your horse’s diet and wellbeing!- <https://www.spillers-feeds.com/which-balancer-should-i-choose>

For more advice on choosing the most suitable balancer for your excitable horse contact the [SPILLERS Care-Line](#).





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## Popular Blogs



## **Competing with gastric ulcers: What you need to know**

With gastric ulcers thought to affect approximately 60% of competition horses (and up to 50% of leisure horses), it's no surprise that we receive lots of questions about gastric ulcers via our Care-Line.

[Read now](#)



## **The importance of lysine for overweight horses**

Cutting calories is essential for weight loss but this shouldn't come at the expense of providing a balanced diet. Lysine is an essential amino acid and is one of several nutrients that may be deficient in a calorie restricted diet.

[Read now](#)



## **Breaking down the diet: What ex-racehorses need to thrive**

Whilst the stereotypical ex-racehorse might be prone to excitability, have poor feet and struggle to maintain weight that's certainly not the case for all thoroughbreds. Indeed, once settled into their new workloads and routines, many can be incredibly good-doers!

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## **Everything you need to know about laminitis**

With laminitis a worry for many owners we're here to help you brush up on your knowledge of the potential causes, risk factors and management advice!

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## **What to do when laminitis strikes**

Being able to spot the signs of laminitis early maximises your horse's chance of recovery. It pays to be vigilant, especially as subtle signs such as slight reluctance to turn or shortening of stride can be easily missed. While laminitis can strike in any season, a 'flush' of rapid grass growth makes spring a high-risk period, and so can turnout on a sunny frosty morning. Brush up your knowledge of the signs and what to do if you suspect your horse/pony may have laminitis in this blog.

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