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Can you spot an overweight horse? take our test to find out today.



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Obesity is a major welfare issue for horses and ponies. Not only because of the direct weight-associated effects. But also due to the increased risk it poses for certain clinical conditions, in particular laminitis. But can you spot an overweight horse?

There are several ways to monitor your horse or pony's condition such as Body Condition Scoring or using the Body Condition Index tool. You can find out more about these

methods [here](#).

Body Condition Scoring is a popular method of practically assessing the horse or pony's level of fat. It covers several areas of the body where fat is normally laid down. The assessment is made by eye and by touch using a numerical grading system. Here at SPILLERS, we use the 1-9 scale based on the method developed by Henneke et al (1993) but other scales are available.

Whilst touch is a key part of Body Condition Scoring, it is useful to learn how to make an assessment just by eye. These days when we are exposed to so many images of horses and ponies on social media, it's good if you can tell if a horse is overweight from a photo alone. Being able to spot an overweight horse is important as a first step in tackling the welfare issues that obesity presents our equines.

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## Take our test today to see if you can spot an overweight horse or pony.

Below you will see photos for 20 horses and ponies. All you need to do is select what you think the body condition score for each horse or pony is. Your answers will then be marked against what our team of nutritionists gave each horse and pony to see how many of them you matched correctly. We expect by the end of this test you will be an expert in spotting if a horse is overweight. At the end of the quiz, you'll be able to scroll down to view the results. Correct answers will be highlighted green. If you selected a different BCS to what our nutritionist gave, your answer will be highlighted red. Good luck!

**At the end of the QUIZ scroll down to  
view the results!**



```
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.article-header-image__image{ display: none; } @media (min-width: 1024px){ .article-
header-image__container{ margin-top: -0.8%; } .freeform-story__paragraph{ margin-top:
-3%; } } @media (min-width: 767px) and (max-width: 1023px){ .freeform-
story__paragraph{ margin-top: -7%; } } @media (min-width: 275px) and (max-width:
766px){ .freeform-story__paragraph{ margin-top: -13%; } } .eyebrow.eyebrow--tt-normal{
padding-top: 1%; } .eyebrow{ padding-top:2%; }
.card-item{ background: #ffffff; background-image: none !important; } .article-card--with-
bg-img .bg-image img { width: 100%; height: auto; max-width: 90%; max-height: 200px;
margin-top: 10%; margin-left: 5%; } .article-card-heading{ margin-top: 280px; } .article-
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20px !important; } article-card--with-bg-img .bg-image img{ width: 100%; height: auto;
max-width:90%; max-height:200px; margin-top:10%; } .article-card-heading { margin-top:
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```

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1023px){ .article-card .default-link { bottom: 6.5rem; } .article-card .default-link{ margin-left: 24%; } }
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fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "7 - 7.5 (Fleshy)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/Meg-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "4 - 4.5 (Moderately thin)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/Sandy-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "4 - 4.5 (Moderately thin)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/Missy-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "6 - 6.5 (Moderate to fleshy)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/Jigsaw-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "5 - 5.5 (Moderate)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/Jackson-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "5 - 5.5 (Moderate)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/Isabel-piebald-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "6 - 6.5 (Moderate to fleshy)" }, { image: "/sites/g/files/fnmzdf1656/files/2023-05/SS-cc.jpg", question: "Select the body condition score for this horse.", answers: { a: "1 - 1.5 (Poor)", b: "2 - 2.5 (Very thin)", c: "3 - 3.5 (Thin)", d: "4 - 4.5 (Moderately thin)", e: "5 - 5.5 (Moderate)", f: "6 - 6.5 (Moderate to fleshy)", g: "7 - 7.5 (Fleshy)", h: "8 - 8.5 (Fat)", i: "9 (Extremely fat)" }, correctAnswer: "6 - 6.5 (Moderate to fleshy)" } ];
function buildQuiz() { // variable to store the HTML output const output = []; // for each question... myQuestions.forEach((currentQuestion, questionNumber) => { // variable to store the list of possible answers const answers = []; // and for each available answer... for (letter in currentQuestion.answers) { // ...add an HTML radio button //  ${letter} : //  ${currentQuestion.correctAnswer} answers.push(`
${currentQuestion.answers[letter]} `); } // add this question and its answers to the output output.push(`
```

**``${currentQuestion.question}``**



**``${answers.join( "" )}``**

```

`); }); // finally combine our output list into one string
of HTML and put it on the page
quizContainer.innerHTML = output.join(""); } function
showResults() { // gather answer containers from our
quiz const answerContainers =
quizContainer.querySelectorAll(".answers"); // keep
track of user's answers let numCorrect = 0; // for each
question... myQuestions.forEach((currentQuestion,
questionNumber) => { // find selected answer const
answerContainer =
answerContainers[questionNumber]; const selector =
`input[name=question${questionNumber}]:checked`;
const selectorr =
`input[name=question${questionNumber}]`; const
userAnswer =
(answerContainer.querySelector(selector) ||
{}).value; var rtitle = ""; var rdes = ""; // if answer is
correct if (userAnswer ===
currentQuestion.correctAnswer) { numCorrect++;
jQuery(selector).parent().addClass("correct");
jQuery(selector).parents(".quizcontainer")
.find(".result").text("Correct!").addClass("r-right"); }
// if answer is wrong or blank else {
jQuery(selector).parent().addClass("wrong");
jQuery(selector).parents(".quizcontainer")
.find("p:contains(" + currentQuestion.correctAnswer +
)")").addClass("correct"); jQuery(selector)
.parents(".quizcontainer").find(".result")
.text("Wrong!").addClass("r-wrong"); } }); if
(numCorrect Can you spot an overweight horse You
got ${numCorrect} out of ${myQuestions.length}
${rtitle}

```

Thanks for giving our 'can you spot  
an overweight horse' test a go!



``${rdes}`

```
`; } const quizContainer =  
document.getElementById("quiz"); const  
resultsContainer =  
document.getElementById("results"); const  
submitButton = document.getElementById("submit");  
buildQuiz(); jQuery("input").on("change", function () {  
jQuery(this).parent().addClass("chosen");  
jQuery(this).parents(".answers").find("input").attr("di  
sabled", true);  
jQuery(this).parents(".answers").find("p").addClass("d  
isabled"); var nextQuestion = jQuery(this)  
.parents(".quizcontainer").next(".quizcontainer"); if  
(nextQuestion.length !== 0) { jQuery("html,  
body").animate( { scrollTop:  
nextQuestion.offset().top, }, 1000 ); } if  
(jQuery("input:radio:checked").length == 15) {  
jQuery(".answers p").addClass("disabled");  
showResults(); } if ( jQuery(".quizcontainer:last-child  
.answers input:radio:checked").length > 0 ) {  
jQuery("html, body").animate( { scrollTop:  
jQuery("#results").offset().top - 100, }, 1000 ); } });  
jQuery("#submit").on("click", function () {  
showResults(); }); jQuery(".answers p").on("click",  
function () { jQuery(this).children("input")[0].click();  
});
```

# Popular Blogs



## [15 facts for feeding through the lifestages](#)

There's no doubt that throughout their life, nutrition plays a key role in supporting our horses' health and wellbeing. However, every horse (and pony, foal or youngster!) is an individual which means there's no one size fits all approach to feeding, regardless of age. Consider contacting a nutrition advisor for specific advice on your horse's diet but in the meantime, here's 15 facts on feeding through the lifestages...

[Read now](#)



## [5 Signs Your Horse is Secretly a Winter Diva \(and How to Keep Them Content\)](#)

Winter can turn even the most stoic horse into a bit of a drama queen (or king). If your horse's daily routine suddenly involves theatrical flounces, extra rug demands, or suspiciously stubborn behaviour, don't worry—you're not alone.

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## [Apollo picked as ultimate pin-up in Golden Oldies Gallery](#)

Earlier this year, to celebrate the many reasons why it's amazing to own a senior horse or pony, we invited

**anyone with a precious senior equine friend to share their story. From the numerous entries received the SPILLERS brand team selected the top ten and one overall champion Golden Oldie. Apollo, a 28-year-old ex-Harrods coach horse has been chosen as the ultimate Golden Oldie in the SPILLERS brand's Golden Oldies Gallery.**

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## [\*\*Caroline Harris Triumphs at Pau with D.Day: A Journey of Dedication and Partnership\*\*](#)

**This weekend, Caroline Harris made her mark at the prestigious 5\* Les Etoiles de Pau event, securing victory with her remarkable horse, D.Day. This achievement not only highlights Caroline's hard work and determination but also showcases the strong partnership she shares with D.Day, cultivated through years of training and preparation.**

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