
3 Ice Block Recipes Your Horses Will Love
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Perfect for a summer day, these easy ice block recipes are sure to be a hit. We've come up with some easy-to-follow horse-safe recipes to help keep your equine friend cool and refreshed.

Simply freeze these recipes and watch your horse enjoy a delicious and refreshing treat! Perfect for a hot day or just as a special treat.

Each recipe is enough to make approximately two ice blocks so double up the quantities if you want to make more!



Tip: take the ice block out of the freezer a few minutes before you plan to feed it so that you can get it out of the mould/container easily and feed to your horse in a suitable feed bucket.

Minty Fresh

Ingredients

250g - [SPILLERS SPEEDY\(open in new tab\)](#)-[MASH Fibre\(open in new tab\)](#)

5 - [SPILLERS Spearmint Treats\(open in new tab\)](#)

Mint (1tbs)

Salt (Pinch)

500ml hot water

Instructions

1. Using 500ml of hot (but not boiling) water, begin by soaking the 5 SPILLERS Spearmint Treats.

2. After 10mins, the treats should have softened to a mash like consistency. Add a pinch of table salt and a generous tablespoon of dried mint leaves.
3. Next, add 250g of SPILLERS SPEEDY-MASH Fibre and stir well. After 60 seconds the mash should be sufficiently soaked.
4. Pour into suitable sized ice lolly moulds or containers and freeze for at least 6 hrs, or overnight.



Spiced Apple Crumble

Ingredients

250g - [SPILLERS Senior Super-Mash\(open in new tab\)](#)

5 - [SPILLERS Apple Treats\(open in new tab\)](#)

Apples (2)

Cinnamon (1tbs)

500ml hot water

Instructions

1. Using 500ml of hot (but not boiling) water, begin by soaking the 5 SPILLERS Apple Treats.
2. Whilst the treats are soaking, grate the two apples and keep to one side.
3. After 10mins, the treats should have softened to a mash like consistency. Add a pinch of table salt and a generous tablespoon of dried cinnamon
4. Next, add 250g of SPILLERS Senior Super-Mash and stir well.
5. After 2 minutes the mash should be sufficiently soaked, add the grated apple.
6. Pour into suitable sized ice lolly moulds or containers and freeze for at least 6 hrs, or overnight.



Herbalicious

Ingredients

250g - [SPILLERS Perform & Restore Mash\(open in new tab\)](#)

5 - [SPILLERS Meadow Herb Treats\(open in new tab\)](#)

Garlic powder or granules (1tbs)

500ml hot water

Instructions

1. Using 500ml of hot (but not boiling) water, begin by soaking the 5 SPILLERS Meadow Herb Treats.

2. 2. After 10mins, the treats should have softened to a mash like consistency. Add a pinch of table salt and a generous tablespoon of garlic.
3. 3. Next, add 250g of SPILLERS Perform & Restore Mash and stir well. After 2 minutes the mash should be sufficiently soaked.
4. 4. Pour into suitable sized ice lolly moulds or containers and freeze for at least 6 hrs, or overnight.



For those horses competing under rules it is advisable to use [BETA NOPS\(open in new tab\)](#) approved sources.

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