3 Ice Block Recipes Your Horses Will Love

Published June 28, 2023

Perfect for a summer day, these easy ice block recipes are sure to be a hit. We've come up with some easy-to-follow horse-safe recipes to help keep your equine friend cool and refreshed.

Simply freeze these recipes and watch your horse enjoy a delicious and refreshing treat! Perfect for a hot day or just as a special treat.

Each recipe is enough to make approximately two ice blocks so double up the quantities if you want to make more!



Tip: take the ice block out of the freezer a few minutes before you plan to feed it so that you can get it out of the mould/container easily and feed to your horse in a suitable feed bucket.

Minty Fresh

Ingredients

250g - SPILLERS SPEEDY(open in new tab)-MASH Fibre(open in new tab)

5 - SPILLERS Spearmint Treats(open in new tab)

Mint (1tbs)

Salt (Pinch)

500ml hot water

I**nstructions**

1. 1. Using 500ml of hot (but not boiling) water, begin by soaking the 5 SPILLERS Spearmint Treats.
2. 2. After 10mins, the treats should have softened to a mash like consistency. Add a pinch of table salt and a generous tablespoon of dried mint leaves.
3. 3. Next, add 250g of SPILLERS SPEEDY-MASH Fibre and stir well. After 60 seconds the mash should be sufficiently soaked.
4. 4. Pour into suitable sized ice lolly moulds or containers and freeze for at least 6 hrs, or overnight.

Spiced Apple Crumble

Ingredients

250g - SPILLERS Senior Super-Mash(open in new tab)

5 - SPILLERS Apple Treats(open in new tab)

Apples (2)

Cinnamon (1tbs)

500ml hot water

I**nstructions**

1. 1. Using 500ml of hot (but not boiling) water, begin by soaking the 5 SPILLERS Apple Treats.
2. 2. Whilst the treats are soaking, grate the two apples and keep to one side.
3. 3. After 10mins, the treats should have softened to a mash like consistency. Add a pinch of table salt and a generous tablespoon of dried cinnamon

4. 4. Next, add 250g of SPILLERS Senior Super-Mash and stir well.
5. 5. After 2 minutes the mash should be sufficiently soaked, add the grated apple.
6. 6. Pour into suitable sized ice lolly moulds or containers and freeze for at least 6 hrs, or overnight.

Herbalicious

Ingredients

250g - SPILLERS Perform & Restore Mash(open in new tab)

5 - SPILLERS Meadow Herb Treats(open in new tab)

Garlic powder or granules (1tbs)

500ml hot water

I**nstructions**

1. 1. Using 500ml of hot (but not boiling) water, begin by soaking the 5 SPILLERS Meadow Herb Treats.
2. 2. After 10mins, the treats should have softened to a mash like consistency. Add a pinch of table salt and a generous tablespoon of garlic.
3. 3. Next, add 250g of SPILLERS Perform & Restore Mash and stir well. After 2 minutes the mash should be sufficiently soaked.
4. 4. Pour into suitable sized ice lolly moulds or containers and freeze for at least 6 hrs, or overnight.

For those horses competing under rules it is advisable to use BETA NOPS(open in new tab) approved sources.

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