
What is a feed balancer?

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Why Grass Alone Doesn't Always Provide a Balanced Diet

With the grass coming through thick and fast, many of you are undoubtedly wondering what, if anything, to feed your horse.

Although many horses and ponies maintain weight easily on grass alone, it may not be providing a balanced diet. Even in spring and summer months, levels of copper, zinc and selenium in UK grazing are typically low. Your horse's diet may also be lacking in other key nutrients such as vitamin E and lysine, particularly if they are in work or turned out on 'poor' or restricted grazing - this is where feed balancers come in.

What Is a Feed Balancer for Horses?

Balancers are small, nutrient dense feeds (often pellets) designed to provide a concentrated supply of vitamins, minerals and amino acids. Due to the low feeding rate, balancers provide minimal amounts of energy (calories), starch and sugar per daily serving, making them the ideal choice for good doers. Depending on the balancer you choose, they may also contain added functional ingredients such as pre and probiotics for digestive support and glucosamine for joint support.

Feed Balancer Myths Explained

Myth buster number one: Balancers are not 'conditioning'

On a kilo for kilo basis, some balancers may contain the same amount of energy (calories) as a conditioning feed but due to the low feeding rate, the amount of energy your horse consumes from a balancer is minimal. In fact, the recommended amount of '[Horse and Pony Cubes](#)' is around 5 times higher in calories than the recommended amount of balancer!



Myth buster number two: Lite balancers are not significantly lower in calories

On a kilo for kilo basis, 'lite' balancers may be lower in calories (or more correctly energy) than alternative options but when you consider most are fed at just 500g per day for a 500g horse, there is very little difference in the amount of calories consumed. Due to the low feeding rate, all balancers (except stud balancers) contribute a negligible level of calories to the total diet, regardless of whether or not they say 'lite' on the bag. So if this is the case why bother?

The additional benefits of choosing a 'lite' balancer will vary between manufacturers so if you're unsure, contact their helpline for advice. SPILLERS [Lite & Lean Balancer](#) is specifically designed for horses and ponies on calorie restricted diets and in particular, contains high levels of lysine and vitamin E. It also includes added magnesium, FOS and cinnamon to help support a healthy metabolism.

When Should You Feed a Balancer?

Balancers are a great option for horses that

- Maintain weight easily on forage alone
- Maintain weight on less than the recommended amount of compound feed (or other feeds containing added vitamins and minerals)
- Are on feeds that do not contain added vitamins and minerals such as grass nuts, alfalfa and sugar beet as their main 'bucket feed'

Balancers vs Vitamin & Mineral Supplements

Balancers normally come in pellet form while vitamin and mineral supplements are often a powder. This means balancers can be fed on their own (although they are often fed alongside a chaff) whereas vitamin and mineral supplements need to be mixed into a small amount of feed.

Balancers provide amino acids (building blocks of protein) such as lysine while vitamin and mineral supplements contain very few if any amino acids.

Most pelleted balancers are designed to be fed at 500g per day for 500kg horse vs approximately 40-150g for a powdered vitamin and mineral supplement which sometimes leaves owners concerned about feeding unnecessary calories. Although pelleted balancers provide more calories, the difference this makes to the overall diet is negligible in most cases, especially for those with access to grazing.



How Much Balancer Should You Feed?

Most balancers (except stud balancers) are designed to be fed alongside forage at rate of

100g per 100kg bodyweight per day. However if you are feeding a reduced ration of compound feed, the full amount of balancer will not be required. For example, half the recommended amount of balancer generally complements half the recommended amount of compound feed.

Choosing the Right Balancer for Your Horse

Consider the following:

- Age
- Workload
- Lifestyle and base diet – does your horse have free access to forage or is he on a calorie restricted diet?
- Which (if any!) functional ingredients may benefit your horse – are you simply looking to provide the nutrients required to balance a forage-based diet or would you like to provide added joint, digestive or metabolism support too?

Are Feed Balancers Good Value?

In short, no. At the top end of the price scale SPILLERS [Supple & Senior Balancer](#) will last a 500kg horse 30 days and costs £1.26 per day. At the other end, SPILLERS [Daily Balancer](#) costs just £0.78 per day. In contrast the recommended amount of SPILLERS [High Fibre Cubes](#) (3kg per day for a 500kg horse) costs £2.39 per day so despite a larger pay out initially, long term, balancers are a really cost effective way to feed good doers!

Balancers really are brilliant! Whether you are looking to provide the basics or additional benefits, horses and ponies get everything they need but without the risk of weight gain.

Choosing the right balancer for your horse is easier than ever with our [interactive tool](#). This fun and straightforward quiz will help you select the ideal SPILLERS balancer tailored to your horse's needs. Whether you're looking for the cost-effective Daily Balancer, the metabolism-boosting Lite & Lean Balancer, or the joint-supporting Supple & Senior Balancer, our tool simplifies the decision. Give it a try to ensure your horse gets the precise nutrition they need while maintaining their ideal weight and overall health- <https://www.spillers-feeds.com/which-balancer-should-i-choose>

Personalised Support When You Need It

Our nutrition specialists are available to offer tailored advice, ensuring you get the most from your horse's diet.

Popular Blogs



[Competing with gastric ulcers: What you need to know](#)

With gastric ulcers thought to affect approximately 60% of competition horses (and up to 50% of leisure horses), it's no surprise that we receive lots of questions about gastric ulcers via our Care-Line.

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[The importance of lysine for overweight horses](#)

Cutting calories is essential for weight loss but this shouldn't come at the expense of providing a balanced diet. Lysine is an essential amino acid and is one of several nutrients that may be deficient in a calorie restricted diet.

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[Breaking down the diet: What ex-racehorses need to thrive](#)

Whilst the stereotypical ex-racehorse might be prone to excitability, have poor feet and struggle to maintain weight that's certainly not the case for all thoroughbreds. Indeed, once settled into their new workloads and routines, many can be incredibly good-doers!

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[Everything you need to know about laminitis](#)

With laminitis a worry for many owners we're here to help you brush up on your knowledge of the potential causes, risk factors and management advice!

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[What to do when laminitis strikes](#)

Being able to spot the signs of laminitis early maximises your horse's chance of recovery. It pays to be vigilant, especially as subtle signs such as slight reluctance to turn or shortening of stride can be easily missed. While laminitis can strike in any season, a 'flush' of rapid grass growth makes spring a high-risk period, and so can turnout on a sunny frosty morning. Brush up your knowledge of the signs and what to do if you suspect your horse/pony may have laminitis in this blog.

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