# Spill the Beans with Jess Rimmer

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In our SPILLERS SPILL The Beans Series we get to interview a variety of our fabulous professional customers and find out more about them. We find out who inspired them to get serious about horses, what kit they can’t live without, and ask which is their favourite SPILLERS feed, of course!

This month we caught up with Jess Rimmer who’s aiming to make a full-time career out of eventing!




**Please introduce yourself - who are you and what do you do?**

My name is Jess Rimmer and having completed my biochemistry degree I’m now based with Fox-Pitt Eventing in Dorset.

**How did you start with horses?**

My Mum evented full time, so I've grown up around horses. Funnily enough, I was terrified of riding as a kid but once I got going, I never looked back.

**Who was your inspiration growing up?**

Ok, so it's a cliché but it's definitely my Mum. She came from nothing and worked unbelievably hard to create a brilliant career and I have so much respect for that.

**What's your lifetime horsey highlight?**

Jumping clear around Blenheim 4* long was just incredible!

**And what's challenged you the most working with horses?**

Learning not to become influenced by what my peers are doing. It's my own personal journey with my own horses, it doesn't matter if other people are jumping bigger tracks on younger horses.

**If you could spotlight one special horse, who would it be and why?**

Oooh – that's tricky. Isaac Newton is a very special horse. He jumped around 3*s with my Mum and then went on to jump me round my first 4*'s. He's done a lot for us. Although he still won't hack alone!

**If you have a horse free ultimate luxury/fun day – what would you be doing?**

Nothing beats a nice brunch.

**What's the one piece of horse equipment you can't live without?**

A neckstrap – especially in winter!

**What is your No1 top tip for managing your horses/yard?**

Having a good routine is the foundation of everything. Horses thrive off a system. Jackie Potts taught me so much about the importance of routine and I noticed a huge difference in all my horses since setting up with them.

**What are your goals for next season?**

I'd love to jump round a 5* next season – that's the big goal. Or have a shot at the new Under 25 World Championships so I'm super focussed and motivated for winter training.

**Which horse in your yard do you think is a rising star we should look out for?**

A very big lanky horse called Talan Blue – aka Jimmy. Although he's very tall and young he thinks he's a film star.

**What's your best piece of advice for up-and-coming riders?**

Don't be scared of hard work.

**And finally, which SPILLERS feed is your favourite and why?**

SPILLERS Lay Off Cubes – everything eats them, and they all look fantastic without being hot or silly.

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