

---

Spill the Beans with Jess Rimmer  
Author: Vanessa Allen

# Spill the Beans with Jess Rimmer

Published January 27, 2026

SHARE

- [Facebook \(opens in new window\)](#)
- [Twitter \(opens in new window\)](#)
- [Pinterest \(opens in new window\)](#)
- [Download \(opens in new window\)](#)
- [Email \(opens in new window\)](#)
- [Print \(opens in same window\)](#)

In our SPILLERS SPILL The Beans Series we get to interview a variety of our fabulous professional customers and find out more about them. We find out who inspired them to get serious about horses, what kit they can't live without, and ask which is their favourite SPILLERS feed, of course!

This month we caught up with Jess Rimmer who's aiming to make a full-time career out of

eventing!



**Please introduce yourself - who are you and what do you do?**

My name is Jess Rimmer and having completed my biochemistry degree I'm now based with Fox-Pitt Eventing in Dorset.

**How did you start with horses?**

My Mum evented full time, so I've grown up around horses. Funnily enough, I was terrified of riding as a kid but once I got going, I never looked back.

**Who was your inspiration growing up?**

Ok, so it's a cliché but it's definitely my Mum. She came from nothing and worked unbelievably hard to create a brilliant career and I have so much respect for that.



**What's your lifetime horsey highlight?**

Jumping clear around Blenheim 4\* long was just incredible!

**And what's challenged you the most working with horses?**

Learning not to become influenced by what my peers are doing. It's my own personal journey with my own horses, it doesn't matter if other people are jumping bigger tracks on younger horses.

**If you could spotlight one special horse, who would it be and why?**

Oooh - that's tricky. Isaac Newton is a very special horse. He jumped around 3\*s with my Mum and then went on to jump me round my first 4\*'s. He's done a lot for us. Although he still won't hack alone!



**If you have a horse free ultimate luxury/fun day - what would you be doing?**

Nothing beats a nice brunch.

**What's the one piece of horse equipment you can't live without?**

A neckstrap – especially in winter!

### **What is your No1 top tip for managing your horses/yard?**

Having a good routine is the foundation of everything. Horses thrive off a system. Jackie Potts taught me so much about the importance of routine and I noticed a huge difference in all my horses since setting up with them.

### **What are your goals for next season?**

I'd love to jump round a 5\* next season – that's the big goal. Or have a shot at the new Under 25 World Championships so I'm super focussed and motivated for winter training.



### **Which horse in your yard do you think is a rising star we should look out for?**

A very big lanky horse called Talan Blue – aka Jimmy. Although he's very tall and young he thinks he's a film star.

### **What's your best piece of advice for up-and-coming riders?**

Don't be scared of hard work.

### **And finally, which SPILLERS feed is your favourite and why?**

SPILLERS Lay Off Cubes – everything eats them, and they all look fantastic without being hot or silly.

## **Popular Blogs**



### **[SPILLERS Daily Balancer vs SPILLERS Original Balancer](#)**

With so many balancers on the market, it can be hard to decide which is most suited to your horse. What is a balancer? Balancers are small, nutrient dense feeds (often pellets) designed to provide a concentrated supply of vitamins, minerals and amino acids. Due the low feeding rate - typically 500g per day or a 500kg horse - balancers provide negligible amounts of energy (calories), starch and sugar per daily serving, making them the ideal choice for good doers.

[Read now](#)



## [Which balancer does my horse need?](#)

What is a balancer? Balancers are small, nutrient dense feeds (often pellets) designed to provide a concentrated supply of vitamins, minerals and amino acids. Due the low feeding rate - typically 500g per day or a 500kg horse - balancers provide negligible amounts of energy (calories), starch and sugar per daily serving, making them the ideal choice for good doers.

[Read now](#)



## [Optimal Health During a Heatwave: How to Adjust Your Horse's Diet | Spillers Feeds](#)

With the UK set to have one of the hottest and driest summers on record, most of us are relishing the opportunity for sunbathing and al-fresco dining. But what does this temporary change in climate mean when it comes to feeding our horses?

[Read now](#)



## [9 Spring grass facts every horse owner should know](#)

Spring has finally sprung! While many have sworn by the benefits of 'Dr Green' for generations, it's not without its pitfalls. Knowing the facts can help you decide on the most suitable management for your horse this spring.

[Read now](#)

---

**Source URL:** <https://www.spillers-feeds.com/articles/spill-beans-jess-rimmer>